



## Erasmus+ Projekt „MIX IT“ - Zwischenbericht Auslandspraktikum

### ALLGEMEINE DATEN

Zielstadt: Strasbourg

Zielland: France

Fachrichtung: Microbiology

Praktikumsjahr / -dauer (in Monaten): 6

### VOR DEM PRAKTIKUM

Wo hast du nach deinem Praktikumsplatz gesucht? Wie lange hat die Suche insgesamt gedauert?

i found my trainship by visiting different universities websites, looking through what they could offer and if there is any places available. it took me unfortunately about 6 months of search and sending different e-mails to different institutes and research teams. but after all i get more than one positive answers. then it took me almost two months to make my documents ready.

Wie hast du deine Unterkunft im Zielland gefunden und wie hat sich die Zimmersuche gestaltet?

In order to find a good accommodation in France, there is different methods: real estate agencies which you could call them directly by phone. Or looking through websites like: le bon coin. where you can look by region, and found different offers by private householders. for me it was a real estate company that put an offer on the previous mentioned website. i reserved the room by paying the caution money, and when i arrived i paid the first rent.



## MEINE ERSTEN WOCHEN IM AUSLAND

Musstest du dich nach deiner Ankunft um besondere Formalitäten kümmern (Handy, Einwohnermeldeamt, öffentliche Verkehrsmittel, Finanzen, etc.)?

Definitely, i needed like a french prepaid phone sim to make my calls, and avoid the international extra cost if i used my german phone. i orderd the sim by internet from "Free" phone company and it costs me arround 20 euro: 10 euro for the Sim and 10 euro for the first month. In order to get a monthly card for the transportation system i used the internet to upload the necessary documents and for paying the monthly fees. and then i received the card on my adress.

Beschreibe kurz deine Einrichtung sowie deinen Tätigkeitsbereich.

The GMGM institute is a research facility, that belong to the CNRS centre national de recherche scientifique which is somehow similar to the Max plank research core. The GMGM unit belong and cooperate with the univertsity of strasbourg. My daily work consist of the use of the yeast organism model *S.Cervisiae* to investigate rare diseases. i use diffrent molecular biology techniques like cell culture, Plasmid, Yeast transformation, western blot, fluorescent microscopy in order to investigate the Protein-Protein interaction that is involved in The MTM1 gene that provides instructions for producing an enzyme called myotubularin. Myotubularin is thought to be involved in the development and maintenance of muscle cells.

Wie gestaltest du deine Freizeit?

Basicly not much except visiting the city and sometimes waching some movies in the cinema. sometimes i join the Erasmus strasbourg group in their activities, most of the time meeting in bars or things like that.



Erasmus+



Leibniz  
Universität  
Hannover

Was hat dich bisher am meisten überrascht?

Nothing life is very similar to what you use to have in germany.

#### **WEITERE ANMERKUNGEN**

Gibt es noch etwas, was du zukünftigen Praktikant\*innen mitteilen möchtest?