

Experience report  
Universitetet i Oslo  
Spring / Summer 2020  
Erasmus +  
EULISP - University of Hannover

I am happy to write this short report about my semester at the University of Oslo as an exchange student. Erasmus is a great opportunity to learn about other cultures and other study methodologies. I decided to do the second semester of my master's degree in Oslo from the beginning, and now, I can say that it is one of the best options.

### Preparation.

It is really important to identify which country you are from. In my particular case, I am a non-European citizen, for this reason, I had to find the procedure to apply for a visa in Norway. It was really easy, the University gives you all the information you need.

Visa in Norway. On this page, I found all the information I need to apply for my visa. <https://www.udi.no/en/>. You can apply from your country or directly in Norway. Since I needed my passport, I applied for it directly in Norway. The procedures only took a week between the appointment and the sending of my green card. The University gave me all the information I needed to present at the Embassy. So it was really easy and fast! However, you must be prepared for the cost of the visa, at least € 500.

The university gives us a book with all the information we need for our first days. I think the following information is important:

**Residence permit-registration with the police**

**Citizens from EU/EEA countries**

If you are staying for more than three months you must register with the police.

**Step 1:** Register an application with the Norwegian Immigration Authorities (UDI) online: <https://selfservice.udi.no/>

When you are asked to choose a police station you should select:  
**Oslo police district, Service Center for Foreign Workers.**

**Step 2:** Submit the following supporting documents to Knutepunktet

- A copy of your passport or National ID card\* (Make sure all numbers are visible)
- A copy of both sides of your EU Health insurance card or private health insurance (Must be valid for the whole period you are staying in Norway)
- A print out from UDI's self service web page that proves your online registration
- Admission letter
- Fill out the form "Declaration of funds for EU/EEA citizens"
- \*You will be given the form at Knutepunktet.

Knutepunktet will forward your supporting documents to the Oslo Police.

**Step 3:** Students who submit documentation to Knutepunktet will get an e-mail when the police registration paper can be collected.

**Deadline to submit documents:**  
**Thursday 30 January at 13.00.**

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**Residence permit-registration with the police**

**Citizens from outside the EU/EEA-area**

**If you have obtained a residence permit before coming to Norway:**

You need to register with the police within seven days after arrival.  
The Oslo Police Department will be present at UIO on Wednesday 8 January from 10.00-12.00 in Eiert Sundts hus A.

The police will register your arrival and book your appointment for obtaining the residence permit card. Remember to bring your passport and decision letter or printout of the e-mail confirming that your application has been processed.

**If you arrive after 8 January:**

You need to book an appointment through <https://selfservice.udi.no/> and call the police to register in Norway.

**You must bring the following documents for your appointment:**

- Passport or national ID card
- Your address in Norway written on a piece of paper
- Receipt from the SIO Deposit Account (if applicable)

**If you have not obtained a residence permit before coming to Norway:**

You need to submit an online application and book an appointment: <https://selfservice.udi.no/>

**For your appointment you must bring:**

- Your passport or national ID card
- Your Letter of admission
- Your Study plan letter
- The receipt from the SIO Deposit Account (if applicable)
- Your address in Norway written on a piece of paper

### Accommodation.

As an Erasmus student, I had a guaranteed room. However, it is really important to book on time. This is the page where you can find the accommodation. <https://www.sio.no>

I was lucky! I was leaving in the student village of Kringsja and it was amazing. It is near the forest and 45 minutes from the city center. You could choose a room with a bathroom for around € 530. The apartment was shared with 7 students. You can get your house card on the first day of "buddy week".



Every semester there is an orientation week, the "buddy week". After a welcome event, you will divide into a group made up of students from your own department. This is mainly guided by two local students, whose group has different locations in Oslo for one week.

The Universitetet i Oslo is very well organized and you can ask questions at any time to the respective contact person and they will be answered in a few days.

### **Daily life and free time:**

Oslo has a very high student population. There is a lot to do and explore in the city. The city has a good transportation system, which makes life very easy. The cost of the monthly ticket is more or less € 40. The cultural offer in Oslo, as is typical of a big city, is very large, since there are a large number of museums, theaters, opera, lakes, parks, cinemas, shopping malls, night clubs, bars, and much more. It is really important to understand that Norway is an expensive country. (*Example: the price of a beer in a bar is € 9 or more, the wine bottle € 13, dönnar € 9*)

### **University.**

The university has excellent facilities. They have a new building for lawyers located in the city center. I only took three lectures and they were interesting. However, for the COVID situation, we had to take online conferences. From my point of view, the experience was completely different from what I expected. It is really difficult to follow the teacher and it doesn't feel personal.

Despite the coronavirus, I have to say that Norway was one of the best places to stay. The university always took care of us. Also, the city never closed, so I was able to get out and walk the required distance. Finally, I had a great time with my roommates. Even with the Coronavirus, I think the Erasmus experience is one of the best things about the European system.